

Case Study #

- **Name (or Initials):**
- **Age:**
- **Gender:** ☐ Male | ☐ Female

Current Diet & Lifestyle Notes: (e.g., picky eater, active, sleeps well/poorly)

Health Concern(s): What symptoms is your child experiencing?

(Describe in detail: when it started, frequency, severity)

What do you think may have triggered this issue?

- ☐ Growth spurt / teething
- ☐ Poor diet / lack of nutrients / junk food binge (kids parties etc.)
- ☐ Stress / emotional factors / big changes (ie. daycare or new babysitter)
- ☐ Recent illness
- ☐ Unknown

☐ Other:

Minerals Used & Dosing Plan

Biochemic Mineral(s)	Reason Chosen	Dosage Given	Start Date
Eg. Ferr phos & Kali mur	Onset of illness, fever. Swollen lymph nodes.	1 tablet 6x per day. 1 tab 6x p/day.	DD/MM/YY

Observations & Progress Tracking

Date	Noticeable Changes (Better, worse, no change)
DD/MM/YY	Eg. Fever reduced, lymph node swelling resolved, more energy.

Final Outcome & Reflection

How long did it take to notice improvement?

- ☐ Within a few hours.
- ☐ 1-3 days.
- ☐ 1 week.
- ☐ More than 2 weeks.

How much did your child improve overall?

(On a scale of 1-10, where 1 = No Improvement & 10 = Fully Recovered)

Score: / 10

Would you use these minerals again for this issue?

- ☐ Yes! It worked well.
- ☐ Maybe, with adjustments.
- ☐ No, I would try something different.

Additional notes or insights:

Date Completed: